

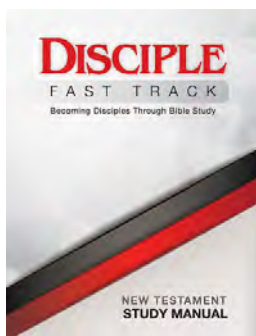


SEPTEMBER 2016

The Messenger of Tabor Heights

DISCIPLESHIP Fast Track Class

We have a wonderful opportunity to read the Bible through together. It doesn't require a scholarly understanding for I have found that it is written for the simplest of us. The fast track allows us to get an overview of the whole Bible without getting bogged down in the theological concepts. Here are some suggestions that have helped me achieve the reading assignments.



† Read the text in your favorite version. A version like the Message is easier.

† Listen and follow or just listen to it. If you have an iPad, iPhone, or maybe even a Mac computer you can download a free Bible with many versions called "You Version". It has an audio version available. Free bibles are widely available for all PC users.

† Skim through the chapters noting the various themes listed in most Bibles. Find one that particularly catches your attention; read through that passage.

The program we will be using gives a few questions each session to spur your personal application and interest. I have found this to make it much more meaningful than simply reading the Bible.

The Bible, I have found, is the Christian's manual for understanding our purpose in this life. It is a whole book with a beginning, a middle, and an end. The overall theme is the Love and Glory of God as He relates to mankind.

Join us on this adventure in understanding God and our faith.

- Dorothy Glynn

(The details are listed on page 4)

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Monthly Highlights

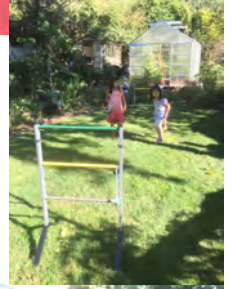
SENIOR FELLOWSHIP

On August 18th, a group of seniors went on a trip to Mt. Saint Helens. There were ten people and Pastor John was the driver. We were lucky and had a beautiful day. It was a perfect day for a drive.

We arrived at the mountain and sat in the shade where we ate our lunch. Some people walked the trails. There were many educational opportunities. They were so well done.

If you were not living here at the time, May 18, 1980, you will appreciate seeing pictures of the devastation and how it has been restored.

This would be a good trip for your children or grandchildren.



"Choir Picnic"

On Sat. Aug.6, the members of the choir congregated at the home of Gerry and Ann Eichelberg. It was a beautiful warm day and we had such a good time. We played lawn games, both adults and kids. The barbecue was very good. Later in the day we had a fire and made S'mores. In fact my first S'more was made for me by Grace and it was yummy!!

We invite you to join the choir for their first practice on Thursday, Sept. 8 at 7:30 PM and you can enjoy a fun time with all of us next year.

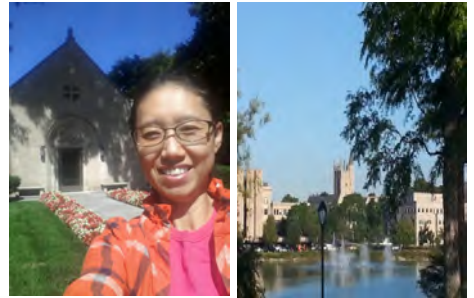
Gratitude from Habitat for Humanity

Our church received a letter of gratitude from the president & CEO, Steve Messinetti, of Habitat for Humanity thanking our congregation for the generous gift of \$5,300.00 in support of families in need of a stable and warm place to call home. By supporting this faith building endeavor we are joining forces with other local church and faith groups to offer a hand up, not a hand out, to these families. Thank you for your contribution and for making housing a matter of conscience and action.



Happy Anniversaries in September

| | |
|------------------------|----|
| Tom & Susanne Lohkamp | 12 |
| Marvin & Joyce Doering | 16 |
| Pete & Sandra Morrell | 30 |



BIRTHDAYS September

| | |
|------------------|----|
| Cole Eisert | 1 |
| Matthew Schenk | 5 |
| Joanne Dobrinski | 13 |
| Lynne Finch | 16 |
| Stephanie Eisert | 22 |
| Robbie Carpenter | 30 |

“Thank You Note” from Mia Park

As I sat during my new students’ orientation here at Garrett- Evangelical Seminary, I felt heavenly peace and comfort surrounding all over me. It was an assurance that I was in the right place at right time. I was having a hard time to say ‘YES’ to God’s invitation, but your prayers, encouragement, and financial support help me to respond to God’s call. “YES, Here I am Lord, send me as you will.”

Just saying “THANK YOU!” is not good enough to express my gratitude to you my dear church family.

But “THANK YOU!” Your love and support are deeply appreciated. I walk this journey not only myself, but also all of you at THUMC. Thank you so much for your generosity and support. I already miss you, and cannot wait to see you at Christmas.

Sincerely, Mia Park



Discipleship Fast Track Class New Testament

September 4 at 9:30am.

Worship with the Holy Communion

September 4 at 11am.

Sunday School Rally Sunday with a monthly potluck

September 11 at 12:30pm.

Tuesday Study Group

September 13 at 1:30pm.

Senior Fellowship

Location-TBA

September 15 at 11:00am

Transition Projects

Sept. 27 (Every 4th Tuesday)

DISCIPLESHIP MATTERS: Fast Track Class

Wondering what God's Word has to say about your life, your future, your purpose? Are you looking for answers? Looking for a change?

Disciple is a life-changing, in-depth exploration of the Bible. Participants read and learn daily from the Bible and meet weekly in a small-group setting for discussion and fellowship.

September 4th is the first class at 9:30 at the Conference Room.

SUNDAY SCHOOL KICK OFF AND POT LUCK

You are invited to join us for the annual SUNDAY SCHOOL KICK OFF followed by a celebratory pot luck luncheon.

The date is Sunday, September 11th. We are blessed to have a group of teachers to share their gift of teaching God's word to our children.

Plan to support the children and their teachers and meet them on this very special day as the 2016-17 school year begins.

Women's Upcoming Gatherings

September 12, 11:00, UMW Executive Board 11:00 in the Gathering Place

September 13, 10:00, Dove Circle

September 14, 12:00, Friendship Circle in the Gathering Place

October 1, Columbia District Annual Meeting at Gresham United Methodist Church

** Dove Circle will meet on Tuesday, Sept 13 at 10 am in The Gathering Place. We will have our meeting there and then adjourn to Albertina's for lunch at noon.



Tuesday Study Group Begins

The Tuesday study group will begin on September 13th at 1:30 PM. The study book for this session is "Holy Spirit, Here and Now" by Trevor Hudson. **We meet in the Gathering Place weekly** for approximately 1 ½ hours. The facilitator is Carolyn Douglass. You are welcome to join this spiritual and energizing group.

SUPPORTING OUR PASTOR AND FAMILY

Several months ago Hee-Soo Jung visited and after a meaningful message to our congregation he announced that Mia Park would be attending Garrett Seminary in the fall. The time has come and as you know, Mia is now in Chicago. The Bishop asked that we support Pastor John and his family throughout this three month period. There are many things you can do to help Pastor John, Grace and Gloria. One way that several women are already supporting them is to provide two main dish meals per week.

Can you be a part of this ministry? We are suggesting that meals are taken to the church for Pastor John to take home on either a Tuesday or Friday, however this is flexible. Just a main dish is all that we ask but if you wish to add a salad, vegetable or dessert that is certainly acceptable but not necessary. If you are willing to provide a tasty homemade casserole, soup, stew or any other type of main dish for the family to enjoy, please see, email or call Marilyn Reihls at 503-206-7174 or Email: mareihls@comcast.net. A sign up sheet is available.

God bless you for sharing your culinary gifts with this dear family while Grace and Gloria's "mom" is away answering God's call.

THE CHARGE CONFERENCE

Our Annual Charge Conference is scheduled on **October 16 at 4P.M.** We will be gathered with a few other churches in **Montavilla United Methodist Church.** Lay Leadership (Nomination Committee) will seek new members for the Vision Board throughout the month of September.





How are you helping people taste and see that the Lord is good?

Our congregation has experienced many answered prayers throughout the summer months. We thank God for the many blessings He has graciously given to us personally and as a congregation who pray for each other.

God's healing touch upon the lives of Carolyn Douglass, Merridee Holzworth, Georgia Koehler, Paul Glynn, Lou Anne Henriques, Marilyn Reihs.

We are grateful for those who have contributed to the summer worship services. Howard Ashley, David Ewart, Grace Go, Merridee Holzworth, Joanne Buck and we pray for the choir as they begin another year.

We thank God for His presence in the lives of those anticipating surgery and dealing with ongoing health issues.

Rick Hoverkamp, Marvin and Joyce Doering, Jerry Long, Mary Overby and the families and friends of Faye Henderson, Lois Lee, Linda Bridges, Charlene Blakely and Jim Smith along with many others known only to the Lord.

We ask for God to be with those who have life changing situations.

The people in Louisiana affected by the flooding from heavy rainfalls.

The homeless in Portland and other cities throughout the country.

Mia Park as she begins her studies at Garrett Evangelical Theological Seminary.

Pastor John, Grace and Gloria as they face blessings and challenges in the next three months.

Harley Disco and Matt Reihs experiencing complex life issues.

We pray that God will guide our nation, the leaders and the people throughout the coming days.

We thank God for His continued blessings upon our church, the pastor, the leaders and the people.

Your Church Family

Jesus said, "If? There are no ifs; among believers. Anything can happen."

Mark 9: 23-24

The Message Bible

Happy Birthday, Joanne K. Dobrinski

Joanne K. Dobrinski the early years

I was born at Emanuel Hospital in Portland, Oregon ... yes, I have webbed feet! ... the first child of Joe and Esther Williams. I have three brothers. My name is Joanne as they were expecting a boy who would be named Joseph after my dad so had to come up with a female name quickly. Although we moved frequently, it was always in the Portland area. I went to Kennedy, Woodlawn, Lynch, back to Woodlawn, and finally Vernon grade schools and then on to Jefferson High School. My main interest in school was academics and music. I was always in the choir and sang my first duet in public in seventh grade. During high school, I was in the Swing Sixteen as well as choir.

As a family, most of our vacations were camping or trips to the California relatives. Of course, camping at the coast always involved clam digging - love those razors! We also took in places like Crater Lake. Weekends were spent as a family often visiting with relatives (there were a lot of us in this area) and driving around the country. Picnics on the Sandy River were a regular gathering for family and friends. We had a wonderful family life.

I can't ever remember not being in Sunday School and church. I even have those attendance pins we earned. When I was in sixth grade, we moved the last time to NE 22nd; and when looking for a new church, Mom found Alberta Evangelical United Brethren Church. We visited once and never went anywhere else. Alberta was one of the three churches that merged to become Tabor Heights EUB and eventually United Methodist. Of course I sang in the choir; and when I was in high school, I remember often arriving at church, the pastor greeted me right away saying they had no special music for that Sunday, and would I please sing a certain song he had picked out. This is also where I volunteered to do the Sunday bulletin as it was produced by the pastor and was full of mistakes! Guess that led to my eventual secretarial/administrative positions! I was also active in Youth for Christ. I had the good fortune to go to Troutcreek Bible Camp and Jennings Lodge Camp every year.

I met Val while in high school. We were married at Alberta EUB in 1958. Val died in June 2012. We had a wonderful life together. We have three children and seven grandkiddos. I have great memories of our years together.



Introduction to "Communications Team"



At the All-Church Meeting that was led by the Vision Board in April, there was discussion of a need to improve communications both within the church and between the church and the community. Several people volunteered that day to help work on this issue. As a result a Communications Team was formed and has been meeting since.

The team is currently led by Gloria Lambert. Other team members are Dennis Bridges, Joanne Dobrinski, Marilyn Reihs, Meryl Hoverkamp, and Chris Campbell. If you have an interest in helping to improve communications and would like to join us, please contact Gloria or any of the other team members.

At the first meeting, the team identified the current methods of communications as well as opportunities for improvement. The team initially put together a list of guidelines for announcements that may appear in a variety of vehicles. The list can be used as a check-list to see if all of the pertinent information has been included. This list can be found on the church website or in the church office.

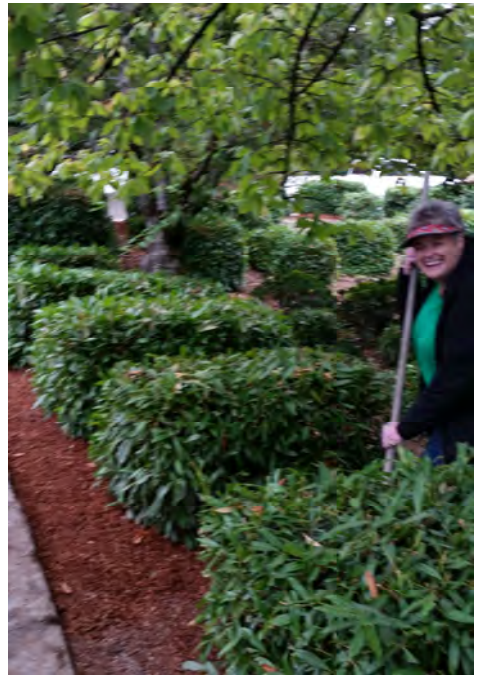
In the future, the team will be looking at improvements that can be made in the following areas.

| | | |
|--|---|--|
| <p>On-line presence Church Website Facebook Email Lists *Future Possibilities: Instagram, Twitter, etc.</p> | <p>Sunday Service Verbal Announcements Bulletin Insert</p> | <p>Flyers Special Events Handouts such as list of items for mission collections</p> |
| <p>Newspaper Announcements Contact Info Deadlines</p> | <p>Table Tents</p> | <p>Newsletter (Messenger) articles</p> |

CELEBRATING THE BEAUTY OF GOD'S GREEN EARTH



Please be sure to look at the way the landscaping surrounding our church has been restored and beautified by the caring hands of Gerry Eichelberg and Charlene Blakely. They have generously devoted countless hours, frequently in the blazing sun and heat, to accomplish this endless project. On hands and knees they have tackled the almost insurmountable job of ridding various areas of the weeds that totally covered the ground. In addition to ongoing weeding and spreading bark dust they have trimmed, clipped and cared for the abundance of greenery



throughout the church yard. Pruning of cherry trees is their next chore.

Gerry and Char generously give of their time, talent and treasure in this very special way. If gardening is your passion and you are willing to join in this endeavor they welcome you. The days and times are negotiable.

This is truly a ministry and one of the many ways to serve the Lord.

Fred Meyer Community Rewards

If you shop at Fred Meyer's, please link your rewards card to Tabor Heights Church so that the church receives Community Rewards that go to our Outreach Ministries. If you have already linked your rewards card, you need to re-link it this month at www.fredmeyer.com/communityrewards

A Call to be Aware, and a Request for Deep Prayer By Marilee Miller

John Wesley's followers were called Methodists because members abided under guidelines instead of each person having their own set of beliefs. Today we are called United Methodists because three like-minded groups merged into one denomination.

This spring, the U. S. Supreme Court instituted same-sex marriage and various rights for lesbian, gay, bi-sexual, and transsexual persons. In May, the Methodist General Conference (the highest governing body in our church) started a dialog on the implications of the Supreme Court decision. It was to culminate in a later vote, perhaps a year or more away, on the formal response and whether, or how, to amend our church beliefs as stated in the Discipline.

For many years some parts of the U.S. church have advocated a "Reconciling Ministry" to be inclusive of the LGBT community, but it was rather a behind-the-scenes movement because it didn't align with the General Conference and the Book of Discipline. However, now under the Supreme Court decision it appears that certain gender rights are placed above our Biblical beliefs, such as allowing transgendered persons to use the bathroom of their gender identity. And now some UMC conferences are making changes without waiting for General Conference approval. The Western Jurisdiction has installed a lesbian bishop. Are we now faced with whether to obey our government or follow our church's longstanding beliefs? Do we know how much our freedom of religious beliefs has been abridged?

Pastor John asked me to make the congregation aware of what's happening. So I want to question Tabor Heights UMC. What do we feel about the Western Jurisdiction, and others, not waiting for a General Conference vote, or the possible re-writing of the Book of Discipline? How do we maintain our stance as a United Methodist Church if others chose their own path? I want to ask how we would respond if the Oregon-Idaho conference voted in a LGBT bishop or sent us such a pastor.

I hope we find a way to express love and compassion to the LGBT group. I'm sorry that many have been hurt by the actions and words of so-called "Christians". However, an angry, disputing atmosphere has been expressed.

Dear friends at Tabor Heights, may we start a peaceable dialog, with many prayers? I know most of us would rather just go on having "happy" lives and a "happy" church. There seem to be difficult days ahead. How will we express compassion and still be true to Biblical principles? I rejoice that Jesus Christ is Lord and ultimately, God will show his mercy and glory.

Create YOUR FUTURE VISION BOARD

We are proud to announce that Mia Park has been admitted to the Master of Divinity program at Garrett Evangelical Theological Seminary in Evanston, IL. She left on August 29 for her first semester there. It is an honor and privilege to support her and the family as she (and they) embark on this journey.

As her church family, we desire to support her in every way we can. At Tabor Heights, we have a scholarship fund available for those in the study of ministry. Therefore, the Vision Board awarded Mia a \$5,000.00 scholarship from the Roscoe Fund for the Fall 2016 semester. An anonymous donation has also been received and sent to Garrett for her schooling expenses. If you desire to make contributions, you may do so at any time through our church.

- Vision Board



At our last Vision Board meeting, the Board accepted and put in writing the following spending policies and we want you all to have a copy of it.

1. The annual budget is the primary authorization to pay bills for Tabor Heights United Methodist Church. All bills outside of the budget must be authorized by the Vision Board.
2. The Vision Board may delegate to others the use of funds outside of the budget and will set appropriate guidelines for amount, time, and purpose as needed. The Vision Board will retain oversight of all funds.
3. The bookkeeper will pay the authorized bills submitted that are covered by the budget. If there are insufficient funds, the bookkeeper will inform the Finance Specialist. If they are unsure of authorization then they will contact the pastor or another board member (not the one submitting the bill) for clarification as to how to pay the bill.
4. Money given for a specific purpose is temporarily restricted and can be used only for the originally stated purpose. After the purpose is fulfilled, any remaining monies will become unrestricted and will be released to the General Budget unless the Vision Board designates another use.
5. When money is solicited or accepted that is temporarily restricted, the purpose must be clearly stated as well as the policy of unrestricting stated. This will be included on the receipt.

-Vision Board

BOOK REVIEW: HOUSE CALLS AND HITCHING POSTS

Unfairness As a lifetime resident of Ohio, before moving to Oregon six years ago, I had the opportunity to visit the Amish community many times. The quaint, modest and faithful life of these people who live a "simple" life makes an impression on the many visitors that travel to southern Ohio to purchase hand crafted piece of furniture, wood carving and many other unique crafts and toys. Their cooking and baking skills are beyond description. When I was given the book "House Calls and Hitching Posts" by Dorcas Sharp Hoover I was delighted to be able to recall the pleasure I witnessed of the Amish lifestyle.



A country-boy-turned-country-doctor goes on house calls among the Amish of eastern Ohio in this warm collection of true-life tales. Dr. Elton Lehman relates his many stories of caring for these people who prefer a visit to his office even when a hospital trip might be necessary as well as his experiences when delivering babies in a home environment. He is often taught valuable lessons of faith when a child dies or an unforeseen accident occurs taking the life of a treasured husband and father. He tells of one Amish man who told the doctor he wasn't God. The doctor replied that he wants desperately to change situations, especially as he cares for dying children. The man answered by saying, "If God allows everything that happens for our good, then are you saying you would work differently than God does?"

Dr. Lehman frequently must miss his life long tradition of attending church each Sunday. All too frequently babies are delivered on a Sunday morning. Being in church for praise and adoration is an important part of the doctor's life, however, the Amish teach him that there is another dimension to worship. As he ushers a new life into the world, he understands that he is channeling God's love to those in need.

Treat yourself to Kidron, Applecreek, Millersburg and surrounding areas of Ohio as you savor the stories of these faithful followers and their cherished doctor.

MOVIE REVIEW: "Hello My Name Is Doris"



This summer the favorite movie I saw was "Hello, My Name Is Doris." It stars Sally Fields who is sixty something. She develops a crush on a new, young coworker played by Max Greenfield. It is a tender hearted drama.

The ensuing story transcends grief, friendship, hoarding and family dynamics. Adult themes might be hard for young children to understand. It is rated PG and available at Red Box.

I think you will find it very funny and endearing.

-By Char Blakely



"Brothers and sisters, I myself don't think I've reached it, but I do this one thing: I forget about the things behind me and reach out for the things ahead of me. The goal I pursue is the prize of God's upward call in Christ Jesus. So all of us who are spiritually mature should think this way, and if anyone thinks differently, God will reveal it to him or her. Only let's live in a way that is consistent with whatever level we have reached. [Philippians 3: 13-16, CEB]

Through the message to the congregation in Philippi, Apostle Paul spoke of himself as having not yet attained to full knowledge, but he particularly admonished them to follow him and to shape their belief and action by the pattern they have received from him. Not only of himself does he make an example, but introduces later those who similarly walk, several of whom he mentions in this letter to the church. The individuals whom were the leadership and also the entire congregation. The point of his message was that "Come, join with me in the journey toward the holiness as being confirmed with our heavenly call in the faith of Jesus Christ."

In this coming year 2016-17, I would like to invite everyone of Tabor Heights family to the journey toward the holiness as reading the whole Bible (New Testament in Fall 2016, Old Testament in Spring 2017) together in Discipleship Fast Track Class and also through 'Bible Reading Challenge.' The Bible Reading Challenge is an individual effort in daily bases of reading the Bible with the list of books in the Bible (The challenge list is available on the church bulletin board and also the church website).

I believe in this coming year that God wants to speak to you and I through Scripture, the Living God's Word. May God bless this time to speak, to heal, to restore, to awaken and to renew our souls. So, we may have God-given dreams and hopes in our hearts for our church, our neighborhood community, and those around the world.

In the meantime, I pray humbly to God that during this time we will become awakened to Jesus Christ in a way that empowers us to live out our faith in more *Missional Way*. So, through this coming month of September, I ask you to join me in prayer for:

- 1) the leaders of our congregation (Vision Board, Lay Leadership Committee, Ministry Team Leaders)
- 2) the leaders of our annual conference and district (Our new bishop, Rev. Elaine J. W. Stanovsky, Columbia District Superintendent, Rev. Erin Martin)
- 3) the leaders of the World Methodist family (Council of Bishops, General Agencies, Methodist Overseas Mission)

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|----------------------------------|-----------------------------------|-----|--|
|  | | | | 1 | 2 | 3 |
| 4 The Holy Communion Service 11am. | 5 Walking group 9:30am | 6 | 7 | 8 Men's Coffee Group 10am. | 9 | 10 Men's Breakfast 8 am. |
| 11 Worship 11am. Rally Sunday Potluck 2pm.  | 12 Walking group 9:30am UMW Executive Board 11:00 | 13 Dove Circle 10am. | 14 Friendship Circle 12pm. | 15 Men's Coffee Group 10am. | 16 | 17 |
| 18 Worship 11am. | 19 Walking group 9:30am | 20 | 21 | 22 Men's Coffee Group 10am. | 23 | 24 Game Night! 6pm |
| 25 Worship 11am. | 26 Walking group 9:30am | 27 Transition Projects 7pm | 28 | 29 Men's Coffee Group 10am. | 30 | . |

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|----------------------------------|--|-------------------------------------|--|--------|--|
| | | | | | | 1 |
| 2 World Communion Sunday 11am. Columbia District Meeting | 3 Walking group 9:30am | 4 | 5 | 6 Men's Coffee Group 10am. | 7 . | 8 Men's Breakfast 8 am. |
| 9 Worship 11am. | 10 Walking group 9:30am | 11 Dove Circle 10am. | 12 Friendship Circle 12pm. | 13 Men's Coffee Group 10am. | 14 | 15 |
| 16 Worship 11am. Charge Conference 4pm. @ Montavilla UMC | 17 Walking group 9:30am | 18 . | 19 | 20 Men's Coffee Group 10am. | 21 | 22 Pie & Party Community Event Game Night! 6pm |
| 23 Worship 11am. | 24 Walking group 9:30am | 25 Transition Projects 7pm | 26 | 27 | 28 | 29 |
| 30 Worship 11am. | 31 | | |  | | |